







## 8-week Mindful Parenting Course

Class venue: Unit 605, 6th Floor, The Printing House, 6 Duddell Street, Central, Hong Kong.

Courses	Admission quota	Course Fees	Teacher	Course leaflets	Course Registration Form
28/6 to 16/8/2019 (every Friday, 7pm – 9pm)  (Free pre-course introductory session: 21/6/2019 Friday, 7pm-9pm)	15 persons	HK\$4,500  <u>Early Bird            Discounts            available on or            before June 7th,</u> course fee: HK\$4,200	Dr Elisabeth Wong, Specialist in Psychiatry		
28/9 to 16/11/2019 (every Saturday, 12:30noon – 2:30pm)  (Free pre-course introductory session: 21/9/2019 Saturday, 12:30noon- 2:30pm)	8 persons	HK\$4,500  <u>Early Bird            Discounts            available on or            before Sept 14th,</u> course fee: HK\$4,200	Dr Elisabeth Wong, Specialist in Psychiatry		
<b>[Conducted in            English]</b> 18/10 to 6/12/2019 (every Friday, 7pm – 9pm)  (Free pre-course introductory session: 4/10/2019 Friday, 7pm-9pm)	8 persons	HK\$4,500  <u>Early Bird            Discounts            available on or            before Sept 27th,</u> course fee: HK\$4,200	Dr Elisabeth Wong, Specialist in Psychiatry & Miss Doreen Jowharsha, Mindfulness teacher	