



Executive Function Training Group for primary school children

Executive Functioning allows us to concentrate, remember instructions, handle and plan multiple tasks. When we learn new knowledge, face challenging problems and try to be flexible during activities etc. all requires executive functioning. From childhood development until interactions amongst adults, executive functioning is also very important. Our team will guide through a series of demonstrations, activities and practice challenges and difficulties encountered by students within families and schools. This type of training will improve their executive functioning skills so they can effectively deal with problems and meet challenges throughout their life experiences.

Tutor: Educational Psychologist

Date: 2019 August 3, 17, 24, 31 (every Saturday)

Time: 9 am-10:30 am (Junior primary school students)

10:30 am-12 noon (Senior primary school students)

Venue:

The Alpha Wellbeing Centre

Unit 605, 6th Floor, The Printing House, 6 Duddell Street, Central, Hong Kong

Course Fees: \$3,200 (4 sessions)

Course enquiries or registration: 2151 8009 / info@alphawellbeing.com.hk .

Centre website: <http://alphawellbeing.com.hk/>